

## Notice regarding the Freshmen Health Checkup in Fall 2020

Eligible Applicants	✓ Freshmen enrolled on April 1, 2020		Advance reservation required Check HaCC website
Date	WOMEN	Mon. October 12, Wed. October 14, Wed., Fri. October 16, Tue. October 20, Thu. October 22, Tue. October 27	
	MEN	Tue. October 13, Thu. October 15, Mon. October 19, Wed. October 21, Fri. October 23, Mon. October 26, Wed. October 28, Thu. October 29, Fri. October 30.	
Reception Time	9 : 15~11 : 00    12 : 00~15 : 00    * Checkup time is about 20-30min. <b>Please be punctual.</b>		
Location	Health Care Center (HaCC Toyonaka)		
Menu	Chest X-ray exam, Height, Weight, Blood pressure, Urine test (Collect your first morning urine on your checkup day)		

### 1: Preparation for your checkup / Answering Web Questionnaire required

- You need to take Web Questionnaire before you take checkup.
- Students who have already answered it by April 27 don't need to take Web Questionnaire.
- To answer Web Questionnaire, "Personal ID of OSAKA Univ." and "Password" required.

HaCC Website



### 2: Belongings

- Student ID Card
- Urine container: "Pee-Pole", with your morning urine sample in it
  - Collect your first morning urine on your checkup day in "Pee-Pole". If you are in the middle of your menstrual period, inform us when you hand it in. You cannot use the restroom in Health Care Center to collect your urine sample. Containers, "Pee Pole", are distributed by a person in charge of your department/office. Please check and take the container. Students who already have it can use it.
- **A bag to keep your clothes in during the checkup. If needed, bring a plain T-shirt and hair clip.**
  - **Chest X-ray examination can be performed with a plain-colored T-shirt without any patterns, drawings, beadwork, metal fittings, lamination or buttons. To avoid the risk of infection, we don't lend T-shirts and hair clips. Please don't forget to bring a bag for keeping your stuff safe during the checkup. \* Read the notice, "For those who take checkup" carefully .**

### 3: Health Certificate

- Health certificate will be issued from Tue. December 1. The certificate can be issued at any health care division or automatic issuing machine. You can also check your result on KOAN web.
- Those who miss the annual checkup cannot be provided with the health certificate.

### 4: Other matters

- Please check your body temperature in the morning of your checkup day. If you feel sick, please postpone your health checkup. During the checkup, countermeasures against the Novel Coronavirus such as wearing a mask, social distancing, and sanitizing hands are required. We appreciate your cooperation.
- In case you need proof of taking a checkup, such as an excuse for missing classes, please ask us.
- If you need any help or support (e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes), please contact us in advance. The contact address is below.

Contact: Health Care Division, Health and Counseling Center(HaCC) Osaka University (open : weekday 9:00am~5:00pm)

TEL: ◇Toyonaka Headquarter : 06-6850-6038    ◇Minoh Branch : 072-730-5151    ◇Suita Branch : 06-6879-8970

e-mail : stu-info@hacc.osaka-u.ac.jp