## Instructions for Student Annual Health Checkup 2023

Place and Date	TOYONAKA, Health Care Div.	Mon. April 10, Tue. April 11, Wed. April 12, Thu. April 13
	MINOH, Health Care Div.	Mon. April 17, Tue. April 18 *X-ray exam will be held only on April 17.
	SUITA, Health Care Div.	Thu. April 20 ~ Thu. April 27 *Closed on Saturday and Sunday
Time	10:00 a.m 3:00 p.m. *open during lunch break *approx. 20 min. for checkup	
	1) All students in Osaka University: Undergraduate Students except 1st year undergraduate students, Graduate	
Eligible	Students, Research Students	
Students	<ul><li>2) All students from overseas.</li><li>* Students who took the annual checkup in last fall are also required to take the spring checkup 2023</li></ul>	
	1)Urine test/ Height/ Weight/ Blood pressure/ medical consultation	
Contents	2)Chest X-ray exam, will be performed for students on the "Students list who are required to take chest X-ray	
	exam".	
Belongings	1)Student ID Card, Pee-pole with your urine sample in it *Pee-pole is a container to collect your first morning	
	urine of your checkup day	
	2)For Chest X-ray exam, please bring/wear a plain T-shirt, hair clip, and a bag to keep your belongings during	
	the exam.	

# 1. What you should do **before** the checkup

- Make online reservation: Starts on Mon. April 3
  - > Go "MY HANDAI" and click the green button to make your reservation.
- Answer the web questionnaire: Starts on Mon. April 3
  - ➤ Go our website, Health and Counseling Center, to find the link of "Web questionnaire"
  - All students are required to take the web questionnaire in advance.

\*To login these systems, use your personal ID and PW.





#### 2. Important notice

- Please stay home if you have common cold symptoms such as fever/cough. Your checkup will be rescheduled based on the Osaka University's COVID-19 response levels. Check our website for the latest news.
- It is recommended to make your reservation as early as possible. Checkup during lunch break and the last day of each campus are very crowded.

## [Urine test]

- You can get the urine container "Pee-Pole", at your faculty/department from the beginning of April. You cannot use our restroom to collect your urine sample. Collect your first morning urine on your checkup day.
- If you are having your period, tell the staff when you submit your urine sample.

## [What to wear to the checkup]

- Avoid wearing boots/accessories to proceed the checkup smoothly.
- We won't lend T-shirts/hair clips/bags. \*Read the attached notice carefully.

# 3. Result / Certificate

- The certificate of Student Annual Checkup 2022 will be available from Thu., June 1st at any branch of Health Care Center or automatic certificate issuing machine. You can also check your result on KOAN website.
- If you need your result/certificate before June 1st. HaCC can issue a tentative result/certificate three weeks after your medical checkup. We recommend to take your checkup as early as possible.
- The certificate won't be issued if you didn't take the annual checkup 2023.

#### 4. Others

- Taking checkup is mandatory for students of Osaka University based on regulations of Osaka University
- Graduate students and Research Students who work at other institutes can submit the checkup certificate issued from your workplace as a substitute for your annual checkup.
- We can give you a proof of taking a checkup during classes if you need it. You can use it as an excuse of missing classes.
- If you need any help or support, e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes, please contact us in advance. The contact address is below.



<u>Contact</u>: Health Care Division, Health and Counseling Center(HaCC) Osaka University

(open: weekday 9:00am $\sim 5:00$ pm)

e-mail: stu-info@hacc.osaka-u.ac.jp