### Instructions for Student Annual Health Checkup 2025

Place and Date	TOYONAKA, Health Care Div.	Tue. April 8, Wed. April 9, Thu. April 10, Fri. April 11
	MINOH, Health Care Div.	Tue. April 15, Wed. April 16 X-ray exam will be held only on April 15th.
	SUITA, Health Care Div.	Fri. April 18 ~ Fri. April 25 Closed on Saturday and Sunday
Time	10:00 a.m 3:00 p.m. (open during lunch break) approx. 20 min. for checkup	
	On April 16th, closing time is 2:30 p.m.	
	1) All students in Osaka University: Undergraduate Students except 1st year undergraduate students, Graduate	
Eligible	Students, Research Students	
Students	2) All students from overseas.	
	Students who took the annual checkup in the fall of 2024 are also required to take this checkup.	
Contents	1)Urine test/ Height/ Weight/ Blood pressure/ medical consultation	
	2)Chest X-ray exam, will be performed for students on the "Students list who are required to take chest X-ray	
	exam".	
Belongings	Pee-pole*1 with your urine sample in it.	
	*1 Pee-pole is a container to collect your first morning urine of your checkup day.	
	• QR code*2: detailed in lower section.	
	• For Chest X-ray exam, please bring/wear a plain T-shirt, hair clip, and a bag to keep your belongings during	
	the exam.	

## 1. What you should do **before** the checkup

- Answer the web questionnaire and make online reservation.: Starts on Tue. April 1
  - ➤ Go "MY HANDAI" and click the green button.
  - All students are required to take the web questionnaire in advance.
  - After answering the web questionnaire, \*2 QR code will be send to your email. Please show your QR code at the reception.

To login these systems, use your personal ID and PW.

## 2. Important notice

# Check the latest news on our website.

• It is recommended to make your reservation as early as possible. Checkup during lunch break and the last checkup day of each campus are very crowded.



**[Urine test]** You can get the urine container "Pee-Pole", at your faculty/department from the beginning of April.

- You cannot use our restroom to collect your urine sample. Collect your first morning urine on your checkup day.
- Please collect your urine sample even if you are in your period. When you submit the sample, please inform it to the staff.

### [What to wear to the checkup]

- Avoid wearing boots/accessories to proceed the checkup smoothly.
- We won't lend T-shirts/hair clips/bags. \*Read the attached notice carefully.

### 3. Result / Certificate

- The certificate of Student Annual Checkup 2025 will be available from Mon, June 2st at any branch of Health Care Center or automatic certificate issuing machine. You can also check your result on KOAN website.
- If you need your result/certificate before June 2<sup>st</sup>. HaCC can issue a tentative result/certificate three weeks after your medical checkup. We recommend to take your checkup as early as possible.
- The certificate won't be issued if you didn't take the annual checkup 2025.

#### 4. Others

- Taking checkup is mandatory for students of Osaka University based on regulations of Osaka University
- Graduate students and Research Students who work at other institutes can submit the checkup certificate issued from your workplace as a substitute for your annual checkup. Please promptly submit the copy of your checkup certificate to the person in charge of your department.
- We can give you a proof of taking a checkup during classes if you need it. You can use it as an excuse of missing classes.
- If you need any help or support, e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes, please contact us in advance. The contact address is below.

HaCC 大阪大学キャンパスライフ 健康支援・相談センター

<u>Contact</u> Health Care Division, Health and Counseling Center Osaka University (OPEN: weekday 9am to 5pm)

<u>TEL</u> ♦ Toyonaka Headquarter: 06-6850-6038 ♦ Minoh Branch: 072-730-5151 ♦ Suita Branch: 06-6879-8970

ァンパスライフ 相談センター <u>e-mail</u> : <u>stu-info@hacc.osaka-u.ac.jp</u>

