Notice regarding the Annual Student Health Checkups in Fall 2025

Eligible Students	 ✓ Students enrolled since May 1, 2025 ✓ Students who were unable to take the annual checkup in April 2025 due to taking a leave of absence from school or studying abroad. 		
Location and Date	Health Care Center (HaCC Mino)	Tue. October 7	a.m./MEN p.m./WOMEN
	Health Care Center (HaCC Suita)	Thu. October 9	a.m./WOMEN p.m./MEN
	Health Care Center (HaCC Toyonaka)	Fri. October 10	a.m./WOMAN p.m./MEN
Time	9:30a.m.~11:00a.m. 1:00p.m.~2:30p.m. * Checkup time is about 20-30min. Be on time!		
Contents	1)Urine test (Using a home-collected urine sample)/ Height/ Weight/ Blood pressure/ Health questionnaire: according to the answer of your web questionnaire/ Medical consultation*1 *1Only for freshmen enrolled after May 1 2)Chest X-ray exam, will be performed for students on the "Students list who are required to take chest X-ray exam".		
Belongings	1)Pee-pole*2 with your urine sample in it. *2Pee-pole is a container to collect your first morning urine of your checkup day 2)QR code: sent after answering the web questionnaire. 3)For Chest X-ray exam, please bring/wear a plain T-shirt, hair clip, and a bag to keep your belongings during the exam.		

1: What you should do **before** the checkup

- Answer the web questionnaire and make online reservation: Starts on Tue. Sept. 30
 - ▶ Go "MY HANDAI" and click the "学生健康診断" button for answering the web questionnaire and making reservation.
 - After answering the web questionnaire, a "QR code" will be sent to your email. Please show your QR code at the reception.
 - ➤ All students are required to take the web questionnaire in advance.
 - ➤ To login to these systems, use your personal ID and PW.
- Pick up your "Pee-pole" at your faculty/department at least one day before your checkup.

2: Important notice

Check the latest news on our website. Website QR code is below.

Urine test

- Pee-pole is a container to collect your first morning urine of your checkup day. <u>If you have not collected urine, you will not be allowed to the checkup.</u>
- You cannot use our restroom to collect your urine sample.
- Please collect your urine sample even if you are in your period. When you submit the sample, please inform it to the staff.

What to wear to the checkup

- Avoid wearing boots/accessories so that your checkup proceeds smoothly.
- We won't lend T-shirts/hair clips/bags. *Read the attached notice carefully.

3: Result / Certificate

- The certificate of Student Annual Checkup 2025 will be available from Mon, December 1 at any branch of Health Care Center or automatic certificate issuing machine. You can also check your result on KOAN website. If you need your health checkup report as soon as possible, please contact us using the contact information below.
- The certificate won't be issued if you didn't take the annual checkup 2025.

4: Others

- Taking checkup is mandatory for students in Osaka University based on regulations of Osaka University
- Graduate students and Research Students who work at other institutes can submit the checkup certificate issued from your workplace as a substitute for your annual checkup.
- This checkup is for the 2025 academic year; for the 2026 academic year, students are required to take the annual checkup in April 2026.
- We can give you a proof of taking a checkup during classes if you need it. You can use it as an excuse for missing classes.
- If you need any help or support, e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes, please contact us in advance. The contact address is below.

HaCC 大阪大学キャンパスライフ 健康支援・相談センター $\underline{\textbf{Contact}}: \textbf{Health Care Division, Health and Counseling Center (HaCC)} \quad (\textbf{open}: \textbf{weekday 9:00am} \sim 5:00 \text{pm})$

<u>Tel</u> : ♦ Toyonaka Headquarter: 06-6850-6038 ♦ Minoh Branch: 072-730-5151 ♦ Suita Branch: 06-6879-8970

Contact form: https://hacc.osaka-u.ac.jp/ja/form_mail/

Website: https://hacc.osaka-u.ac.jp/

HaCC Website

