|   |  | I                                 |                       | in advance! |
|---|--|-----------------------------------|-----------------------|-------------|
| Eligible<br>Students                            | <ul> <li>✓ Students enrolled since May 1, 2022</li> </ul>  |                                   |                       |             |
|   | ✓ Students Who were unable to take the annual checkup in April 2022 due to overseas travel restrictions.   |                                   |                       |             |
|   | ✓ Students Who were unable to take the annual checkup in April 2022 due to taking a leave of absence from schoo or studying abroad.  |                                   |                       |             |
|   | Students who are Auditor, Special Auditors, Special Research Students and Credited Auditor except students from overseas   |                                   |                       |             |
|   | are not eligible.  |                                   |                       |             |
| Location<br>and Date                            | Health Care Center (HaCC Minoh)  | Wed. October 12                   | a.m. /MEN             | p.m./ WOMEN |
|   | Health Care Center (HaCC Toyonaka)   | Thu. October 13                   | a.m./ WOMEN p.m./ MEN |             |
|   | Health Care Center (HaCC Suita)  | Fri. October 14                   | a.m./ MEN             | p.m./ WOMEN |
| Time  | 9:30a.m.~11:00a.m. 1:00p.m.~2 : 30p.m. * Checkup time; approx. 20-30min.   |                                   |                       |             |
| Contents  | <ol> <li>Urine test/ Height/ Weight/ Blood pressure/ Health questionnaire=Only for freshmen enrolled after May 1st.</li> <li>Chest X-ray exam, will be performed for students on the "Students list who are required to take chest X-ray exam".</li> </ol>                                   |                                   |                       |             |
| Belongings                                      | <ol> <li>Student ID Card, Pee-pole with your urine sample in it *Pee-pole is a container to collect take your first morning urine of your checkup day</li> <li>For Chest X-ray exam, please bring/wear a plain T-shirt, hair clip, a bag to keep your belongings during the exam.</li> </ol> |                                   |                       |             |
| 1: What you should do <u>before</u> the checkup |  |                                   |                       |             |
| <ul><li>Go d</li><li>All a</li></ul>            | the web questionnaire: Starts on <u>Mon. October</u><br>our website, Health and Counseling Center, to fin<br>students are required to take the web questionna  | d the link of "Web questionnaire" | ,                     | <b>Q</b> +  |

The Annual Student Health Checkups in Fall 2022

Make online reservation: Starts on Mon. October 3

Go "MY HANDAI" and click the green button to make your reservation.
 \*To login these systems, use your personal ID and PW.

#### 2: Important notice

# Check the latest news on our website. QR code is below.

# **Urine test**

- Urine sample should be collected after waking up on the day of checkup. Discard the first flow.
- Take your sample even during menstrual period. Please inform us at the reception.
- Get the container, "Pee-Pole" from a person in charge of your department.
- You cannot use restrooms inside the Healthcare center building.

# Your clothes for checkup

- Avoid wearing boots/accessories to proceed the checkup smoothly.
- Only one plain shirt (no prints, buttons, metal, lame, etc.) may be worn for the chest x-ray exam. Shirts and hairpins are not provided. \*Please read the attached notice carefully.

# 3: Result / Certificate

- The certificate of Student Annual Checkup 2022 will be available from Thu, December 1 at any branch of Health Care Center or automatic certificate issuing machine. You can also check your result on KOAN website.
- The certificate won't be issued if you didn't take the annual checkup 2022.

#### 4: Others

- Taking checkup is mandatory for students of Osaka University based on regulations of Osaka University
- Graduate students and Research Students who work at other institutes can submit the checkup certificate issued from your workplace as a substitute for your annual checkup.
- This checkup is for the 2022 academic year. You need to take the annual checkup in April, 2023 in next year.
- We can give you a proof of taking a checkup during classes if you need it. You can use it as an excuse of missing classes.
- If you need any help or support, e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes, please contact us in advance. The contact address is below.

Contact: Health Care Division, Health and Counseling Center(HaCC) Osaka University (open : weekday 9:00am~5:00pm)

TEL: ◇Toyonaka Headquarter : 06-6850-6038 ◇Minoh Branch : 072-730-5151 ◇Suita Branch : 06-6879-8970

#### e-mail : stu-info@hacc.osaka-u.ac.jp

Health and Counseling Center(HaCC) website: https://hacc.osaka-u.ac.jp/

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