

## Notice regarding the Annual Student Health Checkups in Fall 2023

Eligible Students	✓ Students enrolled since May 1, 2023 ✓ Students Who were unable to take the annual checkup in April 2023 due to taking a leave of absence from school or studying abroad. Undergraduate students, graduate students, and research students who applies to the categories as listed above are eligible for the checkup (In case of students from overseas, Auditor, Special Auditors, Special Research Students, and Credited Auditor is also eligible for the checkup.)		
Location and Date	Health Care Center (HaCC Mino)	Wed. October 11	a.m./MEN p.m./WOMEN
	Health Care Center (HaCC Suita)	Thu. October 12	a.m./WOMEN p.m./MEN
	Health Care Center (HaCC Toyonaka)	Fri. October 13	a.m./MEN p.m./WOMEN
Time	9:30a.m.~11:00a.m. 1:00p.m.~2:30p.m. * Checkup time is about 20-30min.		
Contents	1)Urine test/ Height/ Weight/ Blood pressure/ Health questionnaire: according to the answer of your web questionnaire/ Medical consultation* *Only for freshmen enrolled after May 1 2)Chest X-ray exam, will be performed for students on the “Students list who are required to take chest X-ray exam”.		
Belongings	1)Student ID Card, Pee-pole with your urine sample in it *Pee-pole is a container to collect your first morning urine of your checkup day 2)For Chest X-ray exam, please bring/wear a plain T-shirt, hair clip, and a bag to keep your belongings during the exam.		

### 1: What you should do **before** the checkup

- Make online reservation: **Starts on Mon. October 2**
    - Go “MY HANDAI” and click the green button to make your reservation.
  - Answer the web questionnaire: **Starts on Mon. October 2**
    - Go our website, Health and Counseling Center, to find the link of “Web questionnaire”
    - All students are required to take the web questionnaire in advance.
- \*To login these systems, use your personal ID and PW.



### 2: Important notice

***Check the latest news on our website. QR code is below.***

#### **Urine test**

- You can get the urine container “Pee-Pole”, at your faculty/department from the beginning of April. You cannot use our restroom to collect your urine sample. Collect your first morning urine on your checkup day.
- If you are having your period, tell the staff when you submit your urine sample.

#### **What to wear to the checkup**

- Avoid wearing boots/accessories to proceed the checkup smoothly.
- We won't lend T-shirts/hair clips/bags. \*Read the attached notice carefully.

### 3: Result / Certificate

- **The certificate of Student Annual Checkup 2023 will be available from Fri, December 1** at any branch of Health Care Center or automatic certificate issuing machine. You can also check your result on KOAN website. If you need your health checkup report as soon as possible, please contact us using the contact information below.
- The certificate won't be issued if you didn't take the annual checkup 2023.

### 4: Others

- Taking checkup is mandatory for students of Osaka University based on regulations of Osaka University
- Graduate students and Research Students who work at other institutes can submit the checkup certificate issued from your workplace as a substitute for your annual checkup.
- This checkup is for the 2023 academic year; for the 2024 academic year, students are required to take the annual checkup in April, 2024.
- We can give you a proof of taking a checkup during classes if you need it. You can use it as an excuse of missing classes.
- If you need any help or support, e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes, please contact us in advance. The contact address is below.



**Contact** : Health Care Division, Health and Counseling Center(HaCC) Osaka University (open : weekday 9:00am~5:00pm)  
**TEL** : ◇Toyonaka Headquarter : 06-6850-6038 ◇Minoh Branch : 072-730-5151 ◇Suita Branch : 06-6879-8970  
**e-mail** : [stu-info@hacc.osaka-u.ac.jp](mailto:stu-info@hacc.osaka-u.ac.jp)  
**website** : <https://hacc.osaka-u.ac.jp/>

HaCC Website



# For those who take checkup

NOTICE

## What to Wear

① We won't rent T-shirts or hair clips.

Not for Rent



② You need to take off your shoes for body measurement.

Avoid wearing boots/trekking shoes.

No



③ Please wear a plain T-shirt for the chest X-ray or clothes easy to take off from your upper body.

✓ More than just metal can interfere with the diagnosis

Embroidered or printed items, buttons, adjusters, wires, hooks, plastics, bra cups, sports bras, thick fabrics

OK!



Make a bun at the top of your head,

Only a plain T-shirt

No!



Scrubs



T-shirt with some logos/patterns



Long dress



Any type of bras



Necklaces

**HaCC**  
大阪大学キャンパスライフ  
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